



**GRADUATE STUDIES**

# Individual Development Plan

Name \_\_\_\_\_

Date \_\_\_\_\_

## SKILLS ASSESSMENT (completed by student)

STRENGTHS	INTERESTS

## GOALS

### LONG-TERM CAREER GOALS YOU WISH TO PURSUE AND HOW WILL YOU MEET THEM

What are you curious about?	Find a job posting for a career you are interested in. What are the required skills you need to develop further?	What are incremental steps you'll need to take to get to your end goal? <small>Build your ladder</small>	Goal Completion Date	Completion Date (Act.)

### SHORT-TERM NEEDS FOR DEVELOPING SKILLS AND INTERESTS

Prioritize the skills you need to develop. What can you accomplish first, or what is absolutely necessary?	Specifically, how are you going to acquire these skills? (training, courses, teaching, job shadow, informational interview)	Where can you develop these skills? Are there multiple places?	Goal Completion Date	Completion Date (Act.)

<b>OTHER FACTORS TO CONSIDER</b>			
<b>What career pressures do you currently experience?</b>	<b>What type of environment would you like to work in? Are certain factors nonnegotiable?</b>	<b>What questions do you have about the career you selected?</b>	<b>List three people “living your future” who you could contact for informational interviews or job shadowing</b>

**COMMENTS FROM ADVISOR / OTHER COMMENTS**

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Student’s signature and date: \_\_\_\_\_

Advisor’s signature and date: \_\_\_\_\_