

COUNSELING AND PSYCHOLOGICAL SERVICES ANNUAL REPORT (2020-2021)

OUR SERVICES

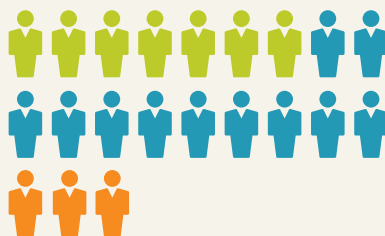
- Individual and relationship counseling
- Crisis intervention (same day appointments available when needed)
- Group counseling and workshops
- Eating disorder treatment services
- Alcohol and other drug services (some of these services may incur a charge)
- Outreach and presentations
- Let's Talk (informal counseling conversations)

STAFF OVERVIEW

18 Professional Staff

- 7 Psychologists (all full-time)
- 11 Counselors (9 full-time; 1 at .625 FTE; 1 at .40 FTE)

● 3 Doctoral Interns



CLINICAL DATA SUMMARY

2,122
clients

10,147
sessions

Top 2
Diagnosis

- 1. Anxiety**
- 2. Depression**

208
crisis
appointments

27
post-hospitalization
appointments

CAPS SPECIALIZED CLINICAL DATA

27 Groups & Workshops



139
Outreach
Presentations



4,984
students
reached

CARE MANAGEMENT DATA:

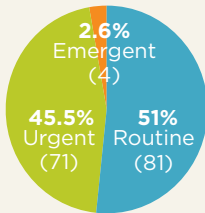
324

ProtoCall Calls

(After-hours national service used for mental health triage)

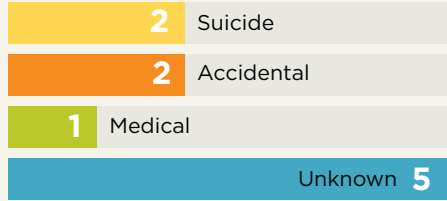
156

Requested CAPS services

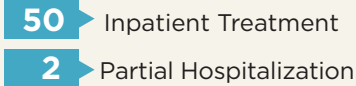


10 Student Deaths

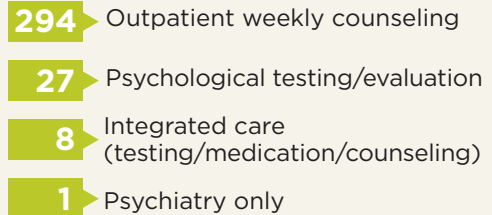
(as known/reported to CAPS)



52 Hospitalizations



330 Referrals



ALCOHOL AND OTHER DRUG SERVICES:

- AOD Psychoeducation Workshops - **583** students
- BASICS - **48** students
- CASICS - **4** students
- Substance Use Evaluations - **6** students